



innovation
quality



Reaction

Training System on tripod

incentive • perception • reaction

- reaction time
- coordination
- speed increase
- peripheral vision

"Reaction Training System" is a special electronic training device that helps athletes initially improve the perception of space, quick decision making, and rapid change of direction during training, responding to the visual stimuli created by the device.



One Stop
Business
αυτοματισμενη υπηρεσια

<https://training.osb.net.gr>



reflex



cerberus



reaction



perception



camvision

The power in coaching innovation

Optimize:

- Strengthening peripheral vision.
- Reducing the response time to the stimulus.
- Increasing sports performance and fitness.
- The field of vision in the room for better and faster decision making.
- Orientation and sense of space and distances.
- The direction of change direction during training.
- Reduce errors in the game.
- Better balance.
- Increasing its concentration.

<https://training.osb.net.gr>